Tina Sparkles – Style # XO1

	4	6	8	10	12	14	16	18
Bust	33	34	35	36	37 ½	39	40 1/2	42 1/2
Waist	24-25	25-26	26-27	27-28	28 ½- 29 ½	30-31	31 ½- 32 ½	33 ½- 34 ½
Hip	36	37	38	39	40 1/2	42	43 1/2	45 1/2

Fabric & Notions

- With efficient and conservative cutting, sizes 4-10 will need 1 2/3 yards of 60" wide fabric or 2 ½ yards 45" wide fabric. Sizes 12-18 will need approximately 2 1/4 yards of 60" wide fabric or 2 2/3 yards of 45" wide fabric. This yardage includes what you will need to line the bodice. If you decide to choose a separate lining fabric for the bodice; just make sure it has a similar weight to your regular fabric.
- Medium-weight, woven fabrics (no stretch) work best for this design. Do NOT use super lightweight or heavyweight fabrics. Some recommendations include twill, dress-weight linen or wool, silk noil, shantung, challis, sateen, or Tencel. Avoid stripes, plaids or one-way designs. My original dress was made from a long recycled skirt. If you have an item that you would like to recycle to use to make your dress, make sure it has tons of fabric, like a muu-muu or a table cloth.
- 22" Invisible Zipper (you'll need a regular zipper foot as well as an invisible zipper foot for your machine).

Notes

- Seam allowance is ½" except along the neckline and armholes where it is ½".
- Choose your bodice size based on your **Bust** measurement and choose your skirt size based on your **Hip** measurement. On both patterns, taper the waist outward or inward to the appropriate size, if necessary.
- Be careful when cutting out the bodice front patterns, there are a few spots where the cutting lines are confusing. Specifically, the top pointed edge of the center front bodice pattern and the underarm area of the right and left bodice patterns where the smaller sizes are the outer cutting lines and the larger sizes are the inner cutting lines.

Sewing Instructions

- 1. Cut one skirt front and one front hem facing on the fold. Cut two skirt backs. Cut two back hem facings. Cut one of each of the bodice pieces for the self (outer fabric) with the fabric face up and the pattern face up. Cut one of each of the bodice pieces for the lining, keeping the fabric face up and the pattern face down. If you are using the same fabric for your outer and lining fabric, you can cut both at the same time on a doubled piece of fabric. Since the design is asymmetrical it is important to keep track of the right and wrong sides of the bodice pattern pieces. If the right and wrong sides of your fabric look similar, pin a safety pin to the right side of all your bodice pieces as a reminder. Clip all notches. Don't forget to clip notches at center front on the top and bottom edges of the front skirt. Trace the darts on the bodice back pieces.
- 2. Sew the darts on the bodice back pieces (self and lining) and press them toward center back.
- 3. With right sides together, pin and stitch the right bodice front to the center front bodice along the right edge, matching notches and easing between the notches. (Self pieces)

- 4. With right sides together, pin and stitch the left bodice front to the center front bodice along the left edge, matching notches and easing between the notches. (Self pieces)
- 5. Repeat steps 4 and 5 for the bodice front lining pieces. Clip the curves and press open the seams on all bodice pieces.
- 6. With right sides together, pin and stitch the front bodice to the back bodice pieces along the curved shoulders. Start pinning at the lower edge of the shoulder, as the shoulders will not meet up exactly at the top edge. Clip the curves and press open the seams. Repeat for the lining.
- 7. Open out the bodice lining and lay it face up on the table. Place the bodice (self) face down on top of the bodice lining. With right sides together pin and stitch the bodice to the bodice lining along the neckline, pivoting at the corner along the front of the bodice. Remember the seam allowance is ¹/₄". Clip inward along the seam allowance at the pivot point just shy of the stitching.
- 8. With the bodice and the bodice lining still face to face, pin and stitch the armholes together, pivoting at the corners. Remember the seam allowance is ½". Clip inward along the seam allowance at the four pivot points just shy of the stitching.
- 9. Turn the bodice right side out by reaching through the shoulders to pull the bodice backs through to the front. Understitch where possible along the neckline and the armholes and then press to neaten.
- 10. Open the bodice lining outward along the side seams; pin and stitch the front bodice to the back bodice along the side seams stitching the lining to the lining and the self to the self. Start at the edge of the self and cross over the intersection of the lining and the self, making sure the seam allowances are going toward the lining. Press open the seams.
- 11. Stay-stitch the bodice to the lining along the center back and waist edges with a 3/8" seam allowance. Make sure to match up all the seams along the waist.
- 12. With right sides together, pin and stitch the front skirt to the back skirt sections along the side seams, matching notches. Press open and clean finish the seams.
- 13. Using two rows of basting stitches, gather the top edge of the skirt to match the bottom edge of the bodice. With right sides together pin the gathered skirt to the bodice along the waist, matching side seams and center front notches. Adjust the gathers until super pretty and then stitch in place. Clean finish the waistline and press it toward the skirt.
- 14. Install a 22" invisible zipper along the center back seam, aligning the upper zipper stop 1/8" below the finished neck edge. With the zipper open, fold the upper zipper tape edges downward behind the zipper seam, fold the zipper seam inward and hand stitch the zipper tape in place along the top edge.
- 15. With right sides together stitch the remainder of the center back seam together below the zipper. Press open and clean finish the center back seam.
- 16. With right sides together, pin and stitch the back hem facing together along the center back seam. Press open the seam.
- 17. With right sides together, pin and stitch the front hem facing to the back hem facing along the side seams. Press open the seams.
- 18. Clean finish the top edge of the facing with a serger or press the raw edge inward by ½".
- 19. With right sides together, slip the hem facing over the bottom edge of the skirt. Pin and stitch the bottom edge of the hem facing to the bottom edge of the skirt. Trim the seam allowance to ¼", press the seam allowance towards the facing, understitch and then press the facing toward the inside of the skirt. Hand-stitch the facing to the skirt along the clean finished edge.